

## Instructional Materials Grid

To see the materials referenced, follow these instructions:

Go to: <http://tea4avcastro.tea.state.tx.us/imet/agreement.html>

Answer the Agreement and confirm.

Most of the materials are password protected. You've also agreed not to reproduce these materials.

Once you've logged in to a specific set of materials, any links to those materials in the grid should work.

User Names and passwords for the materials are below:

### **Choose one or more of the Publishers to review**

<p><b><u>Human Kinetics, Grades 6–8</u></b></p> <ul style="list-style-type: none"><li>• Username: N/A</li><li>• Password: N/A</li></ul> <p><b><u>LessonBee, Grades 7–8</u></b></p> <ul style="list-style-type: none"><li>• Username: texasreview</li><li>• Password: Les@123</li></ul> <p><b><u>QuaverEd, Grades K–5</u></b></p> <ul style="list-style-type: none"><li>• Username: QuaverHealthTEA2</li><li>• Password: review2022</li></ul>	<p><b><u>Goodheart-Wilcox Grades 6, 7-8</u></b></p> <ul style="list-style-type: none"><li>• 6 - Username: healthgr6#review</li><li>• 7-8 - Username: healthgr7#review</li></ul> <p>Password: txreview#2022!</p> <p><b><u>Goodheart-Wilcox Health I &amp;II</u></b></p> <ul style="list-style-type: none"><li>• Health I - Username: hshealth1#review</li><li>• Health II - Username: hshealth2#review</li><li>• Password: txreview#2022!</li></ul>
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**Definition: Disease Mongering-** According to an issue briefing from European Parliament issued in 2012, *"Disease mongering is a pejorative term for the practice of widening the diagnostic boundaries of illnesses, and promoting public awareness of such, in order to expand the markets for those who sell and deliver treatments, which may include pharmaceutical companies, physicians, and other professional or consumer organizations."*

**(See Table on Next Page)**

Issue	Quaver Ed K-5	Lesson Bee MS	Human Kinetics- LiveWell	G-W MS and HS
<p><b>Intrusion or screening or assessment</b></p>	<p>From teacher dashboard, click on “instructional guides”, scroll down to “Using the Health Tracker”</p> <p>Note emoji based assessment, teacher’s ability to track student emotional state, and ability to share with Principal and counselors.</p>	<p>Teacher’s Guide  <a href="https://lb-live-v1.s3.amazonaws.com/media/teks_correlation/a7a24c8e39ebdc091f0d2eea10b0ef5.pdf?AWSAccessKeyId=AKIAI2HEND2V3LGSQWQA&amp;Expires=1635909312&amp;Signature=dodMZj%2Bxm9uVjhiQ8b8ki%2FAIuU%3D">https://lb-live-v1.s3.amazonaws.com/media/teks_correlation/a7a24c8e39ebdc091f0d2eea10b0ef5.pdf?AWSAccessKeyId=AKIAI2HEND2V3LGSQWQA&amp;Expires=1635909312&amp;Signature=dodMZj%2Bxm9uVjhiQ8b8ki%2FAIuU%3D</a></p> <p>All pages noted are the page number that shows up in Adobe Acrobat at the top.</p> <p>Page 29: <i>“What messages have you gotten from your family and culture about healthy choices to take care of your body?”</i></p> <p>Page 37, Question 4 asks what the student needs to feel safe and mentally healthy in school and is there anything this class can do to support the student.</p> <p>Page 39: Asks for any experiences, beliefs or stigmas the student has about mental health, and how does their family and culture influence their knowledge, beliefs and stigmas.</p> <p>Page 40: Asks again what they need to feel safe and mentally</p>	<p>Student assesses self on social, emotional, spiritual wellness:  <a href="http://courses.humankinetics.com/teks/tg/docs/ch01/SAW_01_01.docx?csrt=3489076145027611053">http://courses.humankinetics.com/teks/tg/docs/ch01/SAW_01_01.docx?csrt=3489076145027611053</a></p> <p>Student self-assessment on stress and anxiety.  My Stress and Anxiety Self-Assessment Worksheet</p> <p>Emotional Health self-assessment  <a href="http://courses.humankinetics.com/teks/tg/docs/ch06/SAW_06_01.docx?csrt=3489076145027611053">http://courses.humankinetics.com/teks/tg/docs/ch06/SAW_06_01.docx?csrt=3489076145027611053</a></p> <p>Teacher’s Guide  Lesson 7. Stress, Warm up activity from teacher’s guide: Journaling-  <i>“What is something that often causes you to feel stress? Why do you think it is stressful? What do you do to try to manage or control the stress you feel in that situation?”</i>  <a href="http://courses.humankinetics.com/teks/tg/lesson-7-1.html?csrt=5232601819110931529">http://courses.humankinetics.com/teks/tg/lesson-7-1.html?csrt=5232601819110931529</a></p>	<p>Follow the instructions above.</p> <p>To see high school, you must Access high school.</p> <p>High School-  Warm up- Lesson 4.1  Assessment includes: I can Control my emotions.  I have people I trust who trust me.  <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-handouts-2023/~Attachments/ch04/ch04-01_warmup.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-handouts-2023/~Attachments/ch04/ch04-01_warmup.docx</a></p> <p>Chapter 4, Skills for Health and Wellness- A direct mental health check-up students do on themselves, includes things that meet the textbook’s description of what makes a mental problem a disorder.  Then encourages the student to discuss their results with a doctor or a “trusted adult”, and brainstorm ways to</p>

		<p>healthy in school.</p> <p>Page 59: Directly asks the student if they have experienced mental disorders in themselves or in their family.</p>		<p>improve their mental or emotional health, such as talking to a friend or getting professional help. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-handouts-2023/~Attachments/ch04/ch04_skills.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-handouts-2023/~Attachments/ch04/ch04_skills.docx</a></p> <p>Lesson 4.3 Includes a self esteem quiz letting students know that if they score below certain scores, they should consider seeking professional help. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/140">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/140</a></p> <p><b>Middle School: Use User Name and Password to get you to Middle School Materials:</b></p> <p>How Healthy Are You? Questionnaire leads children in a particular direction, including giving points for stating that you use techniques like mindfulness or deep breathing to manage</p>
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				<p>stress. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-cws-2023/~~Attachments/ch05/health.htm">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-cws-2023/~~Attachments/ch05/health.htm</a></p> <p>Lesson 5.1, Discovering Yourself Handout: Assesses for “Self-Discovery Statements <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch05/ch05b.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch05/ch05b.docx</a></p> <p>Lesson 5.3- What causes you stress. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch05/ch05i.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch05/ch05i.docx</a></p>
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<p><b>Students or Teachers Acting as Mental Health Professionals</b></p>	<p>First Grade, Social Behaviors. Someone I Can Talk to Song.</p> <p>Has student talking about their feelings, stress, etc. with: Friends, parents, teachers, counselors.</p> <p>In fact, there are predators out there.</p>	<p>LessonBee, Mental and Emotional Disorders.</p> <p><a href="http://lessonbee-7-8-mental-and-emotional-disorders.s3-website-us-east-1.amazonaws.com/">http://lessonbee-7-8-mental-and-emotional-disorders.s3-website-us-east-1.amazonaws.com/</a></p> <p>Story of Gabbi, whose parents are divorcing. Text exchange with friends. Friends checking on her feelings. Friends suggest there are a lot of people with anxiety and depression.</p> <p>Slide 1.36 Friend says maybe she needs professional help.</p> <p>Slide 1.42 Students are given a live link where they can find mental health providers in their area.</p> <p><a href="http://lessonbee-7-8-mental-and-emotional-disorders.s3-website-us-east-1.amazonaws.com/">http://lessonbee-7-8-mental-and-emotional-disorders.s3-website-us-east-1.amazonaws.com/</a></p> <p><a href="https://members.adaa.org/page/FATMain">https://members.adaa.org/page/FATMain</a></p>	<p>The assessments above and below this category have students, classes, teachers playing a role in judging mental, social, emotional, spiritual health or wellbeing.</p>	<p><b>GW Middle School Students surveying each other on stress levels.</b></p> <p><a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch05/ch05g.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch05/ch05g.docx</a></p> <p><b>Lesson 6.1 Handout- Be the Mental Health Professional.</b> Students assess fictional characters and decide what mental health disorder they have.</p> <p><a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch06/ch06a.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch06/ch06a.docx</a></p> <p><b>Lesson 6.2 Handout- What treatment do you suggest.</b> Students look at scenario of fictional patients and then suggest treatment options.</p> <p><a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch06/ch06f.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~~Attachments/ch06/ch06f.docx</a></p>
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				<p><b>Lesson 6.2, Activity G. Self-help strategies for depression.</b> Has the student research and name self-help strategies for depression. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~Attachments/ch06/ch06g.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~Attachments/ch06/ch06g.docx</a></p> <p><b>Nutrition, Lesson 7.3- Be the Mental Health Professional-</b> Has the student determine influences on patients with eating disorders. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~Attachments/ch07/ch07i.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~Attachments/ch07/ch07i.docx</a></p>
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<p><b>Disease Mongering</b></p>	<p>Lessons on emotions, and emotional assessments appear to pathologize perfectly normal emotions.</p> <p><b>Second Grade-Teacher dashboard&gt;lessons Second grade&gt;Mental Health and Wellness&gt;Strong feelings.</b></p> <p>Appears to pathologize feelings. Goes into what they are, and then has a song- “Breathing calms me down” that according to the lesson guide deals with “coping” with strong feelings.</p> <p>Nothing wrong with having ways to calm down, but feelings are normal, and should not be portrayed as</p>	<p><b>Teacher’s Guide:</b>  <a href="https://lb-live-v1.s3.amazonaws.com/media/teks_co_rrelation/a7a24c8e39ebbd091f0d2ee_a10b0ef5.pdf?AWSAccessKeyId=AKIAI2HEND2V3LGSQWQA&amp;Expires=1635909312&amp;Signature=dodMZj%2Baxm9uVjhiQ8b8ki%2FAluU%3D">https://lb-live-v1.s3.amazonaws.com/media/teks_co_rrelation/a7a24c8e39ebbd091f0d2ee_a10b0ef5.pdf?AWSAccessKeyId=AKIAI2HEND2V3LGSQWQA&amp;Expires=1635909312&amp;Signature=dodMZj%2Baxm9uVjhiQ8b8ki%2FAluU%3D</a></p> <p>Page 32- Emotional health is introduced.</p> <p>Our position: Feelings are not a disease. Introducing the idea that positive or negative feelings are a disorder simply spreads the diagnostic net.</p> <p>Lessons: What is Mental Health? Slide 1.6</p> <p>Give’s concept of being emotionally healthy.  <a href="https://lb-live-v1.s3.amazonaws.com/media/teks_co_rrelation/a7a24c8e39ebbd091f0d2ee_a10b0ef5.pdf?AWSAccessKeyId=AKIAI2HEND2V3LGSQWQA&amp;Expires=1635909312&amp;Signature=dodMZj%2Baxm9uVjhiQ8b8ki%2FAluU%3D">https://lb-live-v1.s3.amazonaws.com/media/teks_co_rrelation/a7a24c8e39ebbd091f0d2ee_a10b0ef5.pdf?AWSAccessKeyId=AKIAI2HEND2V3LGSQWQA&amp;Expires=1635909312&amp;Signature=dodMZj%2Baxm9uVjhiQ8b8ki%2FAluU%3D</a></p> <p>Does this mean that some people are emotionally sick?</p> <p>Slide 1.36 characteristics of emotionally healthy people.</p> <p>Managing Mental and Emotional Disorders</p>	<p>Students assess themselves on Social, Emotional and Spiritual Wellbeing.</p> <p><a href="http://courses.humankinetics.com/teks/tg/docs/ch01/SAW_01_01.docx?csr=3489076145027611053">http://courses.humankinetics.com/teks/tg/docs/ch01/SAW_01_01.docx?csr=3489076145027611053</a></p> <p>Once again, social and emotional health implies that there could be social and emotional illness, therefore spreading the diagnostic net. Students also assess their spiritual wellbeing.</p> <p><a href="http://courses.humankinetics.com/teks/tg/docs/ch01/SAW_01_01.docx?csr=3489076145027611053">http://courses.humankinetics.com/teks/tg/docs/ch01/SAW_01_01.docx?csr=3489076145027611053</a></p> <p>Schools should not be in the business of assessing or addressing spiritual wellbeing. This is the province of religion. Psychiatry and psychology are not about the soul.</p>	<p><b>GW Middle School</b></p> <p><b>Student Handouts- Lesson 6.2, Activity H.</b></p> <p><b>Has student name “pro’s and barriers to getting professional help.”</b></p> <p>Not risks and benefits, not pro’s and cons, but pro’s and barriers.</p> <p><a href="https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~Attachments/ch06/ch06h.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-middle-school-workbook-2023/~Attachments/ch06/ch06h.docx</a></p> <p><b>GW High School Handouts Lesson 7.2-</b> Medical record profiles- Has the student discover providers and where one could access mental health care in their community.</p> <p><a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-handouts-2023/~Attachments/ch07/ch07_casestudy.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-handouts-2023/~Attachments/ch07/ch07_casestudy.docx</a></p> <p>High school Workbook: Lesson 4.4, Activity G:</p>
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	<p>healthy or unhealthy.</p> <p>Emotional Check-in.</p> <p><b>Third Grade</b> seems to be about feelings and coping strategies.</p> <p>When I feel Anger seems to treat anger as a pathology.</p> <p><b>Grade 4:</b></p> <p>Managing Overwhelming Emotions.</p> <p>Anxious feelings addressed.</p> <p><b>Grade 5:</b></p> <p>Reaching out for help. Video: Reach Out for Help, Feel the Sunshine.</p> <p>Warning Signs.</p> <p>When to reach out</p>	<p>LessonBee Unit on Mental Health Disorders.</p> <p>Slide 1.26</p> <p>Raises the issue of trauma. This has been a popular issue over the past several years, but are we simply casting a wider diagnostic net?</p> <p>Slide 1.54 Feeling upset years after trauma is a sign you may never recover from it.</p>		<p><b>Assess your Emotional Intelligence and set a goal.</b>  <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-workbook-2023/~~Attachments/ch04/ch04g.docx">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school-workbook-2023/~~Attachments/ch04/ch04g.docx</a></p> <p><b>Emotional issues, to our knowledge, are not a disease or a disorder. Therefore, our position is that widening the diagnostic net fits the definition of disease mongering.</b></p> <p>In our view, this not only has the student do yet another self-assessment, but also has the student set a goal for improving their Emotional Intelligence, thereby implying that low emotional intelligence is a bad thing. Thereby, pathologizing it.</p> <p><b>High School Health Unit 4, Know your Health and Wellness Skills quiz-</b>  <i>“When I notice an emotion, I try to figure out its cause instead of ignoring it”</i>  <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/116">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/116</a></p>
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	<p>for help.</p> <p><b>Multiple lessons in this category have trigger warnings.</b></p> <p>Managing Multiple Feelings: This section seems to pathologize feelings. Several lessons, including: Juggling my feelings.</p>			<p><b>Again, emotions are not disorders.</b></p> <p>Multiple entries as to emotional health. This is a broadening of health issues.</p> <p>Self-esteem appears to be medicalized or pathologized. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/139">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/139</a></p> <p>Students assess their self-esteem and if it is below a certain point it is suggested that they should consider professional help. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/140">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/140</a></p> <p>Positive Thinking assessment <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/156">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/156</a></p> <p>Asserts that half the reason for people's happiness is genetic. <a href="https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/156">https://www.g-wonlinetextbooks.com/texas-health-skills-high-school/156</a></p>
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